

Deciding whether to send your child to school or let them stay home when they complain of illness or minor injury is a tough call. Please follow the following health guidelines:

- 1) Children with a temperature of 100 degrees or higher must be fever-free for 24 hours without Tylenol or Ibuprofen before returning to school.
- 2) Generally, students who are vomiting or have diarrhea should stay home 24 hours after the last episode. Please call the school nurse if you feel an exception should be considered.
- 3) The nurse or health office staff will call home if she feels the child really needs to leave school or to allow your student to communicate with you how they are feeling.
- 4) Parents will be notified if a child is seen frequently in the clinic with minor complaints of illness or injury that tend to be chronic and contributes to a lot of missed class time.
- 5) Please update your emergency information throughout school year! Often parents will have changes in work numbers, cell phone numbers, emergency contacts, etc. In the event of illness or injury it is important to be able to get in touch with you quickly.